

Speed Skating Alberta

Selection Criteria

Canadian Youth Long Track (CYLT) Championships 2022

Halifax, Nova Scotia

February 19/20, 2022



CANADIAN YOUTH LONG TRACK CHAMPIONSHIPS

Feb 19-20, 2022

Halifax, Nova Scotia

The Canadian Youth Long Track Championships is intended to be the focal point of athlete preparation for skaters in the Training to Train stage of development. The Youth Long Track Championships provide a meaningful, high profile and developmentally appropriate event which is a source of motivation and opportunity for recognition of the best developing long track skaters in Canada. This event will serve as a primary introduction to national competitions where skaters represent their Branch in competition.

The events at the Canadian Youth Long Track Championships focus on providing a positive learning environment which reinforces the training objectives for skaters in the Training to Train stage of development.

Events will include a combination of mass start, Olympic style, and team events.

Duration

The event shall take place over two (2) days, preceded by one (1) day available for practice.

Equipment

Each skater shall be assigned a helmet cover number for the duration of the event.

Required equipment for Mass Start races at this competition shall conform to Rule D3-300/D3-301 "Long Track Mass Start Competition".

Required equipment for Olympic Style races at this competition shall conform to Rule D3-200 "Long Track Olympic Style Training and Competition".

The start-of-day warm-up requires Mass Start equipment.

The Team Pursuit is considered a Mass Start event.

The Dave Thompson Memorial Race safety equipment requirements shall conform to Rule D3-300/D3-301. Please note that all skaters, will be required to wear a helmet as per D3-301.

Entries

Preliminary Entries to SSC: February 4, 2022

Final Entries to SSC: February 9, 2022

Our preliminary entries are due twelve days after the Qualifying Meet in Red Deer on January 22/23, 2022. It would help us if any skaters who wish to be considered for entry, if they should qualify, would notify their club or SSA office of their intent to participate by this date. Those skaters who have qualified for a spot based on ranking from the AB qualifying event, should send in their registration forms to SSA by **January 28th 2022**.

They should also indicate the number of banquet tickets they would need.

Alberta Selection for Canadian Youth Long Track Championships

Alberta skaters will qualify for a spot at CYLT in the T2T categories at **the 2022 Jeremy Wotherspoon Open Long Track Championship in Red Deer Alberta on January 22/23, 2022**. To provide better racing, T2T skaters will be grouped into 2 year age categories for mass start events although but will be qualifying for single year age categories that are run at CYLT in Halifax. At the qualifying meet in Red Deer, T2T skaters will skate in and qualify for CYLT in the same events that are run at CYLT and will be ranked by their final points accumulated over the T2T events in their T2T age category.

In the event that poor weather does not allow for a full competition at the Red Deer qualifying meet, the races that are run will be used to determine the ranking as long as at least two individual events/distances are run. If finals are not able to run then times from heats will be used for final ranking. If less than two distances are run at the qualifying meet in Red Deer, then times from the Alberta Indoor LT (ABLT) event in Calgary, January 15/16, will be used for ranking for CYLT qualifying. Only the distances not run in Red Deer would be used for ranking from Calgary.

CYLT Program/Events (The program shall include the following events)

Division	Day 1	Day2
Girls 11, Boys 12	Canadian Mass Start 300m ISU Mass Start 7 Lap Final 3 Lap Team Pursuit	Olympic Style 500m Canadian Mass Start 1500m Super Final
Girls 12, Boys 13	Canadian Mass Start 300m ISU Mass Start 7 Lap Final 3 Lap Team Pursuit	Olympic Style 500m Canadian Mass Start 1500m Super Final
Girls 13, Boys 14	Canadian Mass Start 300m ISU Mass Start 7 Lap Final 5 Lap Team Pursuit	Olympic Style 500m Olympic Style 1500m
Girls 14, Boys 15	Canadian Mass Start 300m ISU Mass Start 7 Lap Final 5 Lap Team Pursuit	Olympic Style 500m Olympic Style 1500m

Please refer to the [SSC Youth Competitions Bulletin 2021-22; Bulletin No. 2021.01](#)

At the conclusion of Day 2, all skaters will have the option of participating in the Open 12 Lap ISU Mass Start Dave Thompson Memorial Race(s).

All Mass Start races (Canadian Mass Start and ISU Mass Start) will be contested on the inner racing lane.

Seeding for each distance will be based upon submitted season best times*. In the instance where no times are submitted, skaters will be seeded last. Quartets may be conducted for all distances of 1500m or greater. *Seed times may be from indoor or outdoor competitions.

Funding and Support

For 2022, entry fees for CYLT will be the responsibility of each skater and are sent and payable to SSA. All skaters representing Alberta will be eligible to use an Alberta long or short track suit (most of the AB ST suits do not have full built in cut resistant protection but only shin protection).

The Team Pursuit is considered an Olympic style event.

The Dave Thompson Memorial Race safety equipment requirements shall conform to Rule D3-300/D3-301. Please note that all skaters will be required to wear a helmet as per D3-301.

Section D3 Safety – skater equipment can be found on the SSA website under Skaters - Resources.

SSA will fund/send a minimum of 2 coaches and 1 manager. Each provincial branch is allowed to send a specified number of coaches and a manager based on the number of skaters they are sending up to a maximum of 6 coaches for 40+ skaters. Coaches must be certified at Intro to Comp, Comp Dev or Level 4/5 to have access to the coaches' area. Coaches who have "in training" or "trained" status at Intro to Comp or higher may be permitted in the coaches area as a certified coach as part of their professional development if they are accompanied by a coach with qualified certification.

Clubs and coaches were asked in August 2021 to apply for the position(s) of SSA coaches/managers. After the application deadline passed, all applications were provided to a senior member of SSA and former SDC VP (Shawna Pearman) with a request to review the applications and to submit recommendations. These recommendations were discussed with, and approved by, the Technical Director. Important considerations included level of experience and training, regional representation, and gender equity. The SSA VP for SDC attended and chaired the meeting as a non-voting participant.

The following coaches will be the SSA Coaching Team at CYLT in Halifax:

Head Coach: Emily Rendell-Watson (ESSA)

Assistant Coach: Jacob McKenzie (ESSA)

Manager/Mentor: Sam Pollock (CSSA)

If you have any questions regarding the CYLT qualifying event please contact:

Lorelei St Rose
Technical Director, SSA
technicaldirector@aassa.ca

For further details and/or information please contact:

Wen-Shu Huang
Office Manager, SSA
info@aassa.ca

Marc Poulin
VP – Skater Development, SSA
skaterdevelopment@aassa.ca

Website: <https://www.albertaspeedskating.ca>

Twitter: [SpeedSkatingAlberta \(@AB_SpeedSkating\) / Twitter](#)

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