

## **Meet Information Package for the RUFast 2020**

*\*Please forward all following information to parents and coaches*

### **Venue:**

Olympic Oval, University of Calgary  
288 Collegiate Blvd. NW, Calgary  
Oval Information (403)-220-7954

### **Sanctions:**

AASSA Sanction and SSC Sanction  
Speed Skating Canada Rules will be applied (SSC Red Book)

### **Safety Equipment:**

SSC Rules D3-100 (Short Track) will be strictly enforced.

**Your skater will not be permitted to skate if they are not wearing the proper safety equipment**

### **Schedule:**

**All skaters will race both Saturday and Sunday**

Friday March 6

Coaches' Meeting 7 pm

Saturday March 7

7:00 Warm-Ups begin (Warm-Ups between North and South Ice will be slightly staggered)

17:00 End of Racing

Sunday March 8

7:00 Warm-ups

17:00 End of Racing

***Schedule subject to change based on the number of registrants and the flow of the meet. Participating clubs will be notified of any changes as soon as possible.***

### **Communication with Officials:**

Parents and Skaters are not permitted to question the Officials call or rulings as it will result in a penalty for the skater. Please forward any concerns to your Coach and they will bring it up through the proper channels.

Failure to comply with this may cause you to be removed from the field of play for the day or in extreme cases, for the duration of the event.

## Volunteering:

Officials and volunteers are always welcome and encouraged to participate.

Sign up by clicking on this link: <https://volunteersignup.org/YDCBP> .

For the food hospitality room sign up: <https://volunteersignup.org/TCT7K>

## Medals:

Medal presentations for skaters will be made on Sunday after races are completed and will be presented to competitors who place 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in their division.

## Groupings:

**\*\* IF YOU ARE UNSURE WHICH GROUP TO REGISTER YOUR SKATER IN, CONTACT YOUR COACH \*\***

**Group 1: T2T skaters** Skating on the 100m track Saturday and Sunday

*Female skaters born [July 1, 2004 – June 30, 2008]; male skaters born [July 1, 2003 – June 30, 2007].*

Younger or newer T2T skaters unable to skate the T2T distances, please register skaters in the L2T (Group 2).

- L2T skaters who request to move to the T2T must have COACHES APPROVAL. They must meet **ONE** of the following time standards and approval is subject to the number T2Ts racing:
  - 400m – 0:48.00
  - 1500m – 3:20.00
- 2000 m for T2T1 and T2T2 and 3000m Points Race for T2T3 and T2T4
  - Coaches should ensure all T2T skaters are familiar with the points race format.
  - Lapped skaters will **NOT BE DISQUALIFIED**. They may complete the race.

**Group 2: L2T, FunD & Active Start** Skating on the 100m track Saturday and Sunday

*All female skaters born after June 30, 2008 and male skaters born after June 30, 2007.*

**Group 3: Open/JR/SR/Masters/Special Olympics** Skating on the 111m track Saturday and Sunday

*All female skaters born prior to June 30, 2004 and male skaters born prior to June 30, 2003.*

**\*\* IF YOU ARE UNSURE WHICH GROUP TO REGISTER YOUR SKATER IN, CONTACT YOUR COACH \*\***

## Skate Sharpening:

Due to metal shavings on the ice surface creating maintenance issues, the Olympic Oval has assigned a designated skate sharpening area. It is located at the north end of the track area by the north skate storage area. See provided signage. **\*\*Sharpening in any other area is prohibited this includes stands, seating and change areas.**

Due to the high volume of competitors, the **Oval Skate Shop** cannot guarantee skates dropped off on Mar 1<sup>st</sup> to the 3<sup>rd</sup> for sharpening will be ready for the next day.

### **Hotels:**

There is one hotel on campus, the Hotel Alma. There are several hotels within a short drive in the Hotel Circle area on Crowchild Trail NW

### **Parking:**

Parking is available around the Oval during the whole weekend. We suggest that you use parking lots #10-11-12 on the North side of the Oval (entrance through 32<sup>nd</sup> Ave NW.) as these ones are \$ 8 for the whole day.

### **Spectators and parents:**

Please make sure that your skater is on the marshalling area on time and then please leave the area so our volunteers have space to organize the groups and do their job.

**We wish all participants great racing and a wonderful experience!**

**CSSA Meet Organizing Committee**